

HABILITATION COULD BE THE RIGHT CHOICE

Discuss with your case manager whether AMHH is the right treatment approach for you.

Your case manager can help you apply for AMHH.



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Agency logo

Adult Mental Health Habilitation (AMHH) Program

Information for Consumers



*An alternative treatment approach for consumers
with long-term behavioral health needs*

Adult Mental Health Habilitation (AMHH) Service Program



The **Adult Mental Health Habilitation** (AMHH) program is a service option for consumers with long-term behavioral health needs, who may benefit more from a *habilitative* approach to treatment rather than a traditional *rehabilitative* approach.

AMHH is designed for individuals who have reached their capacity for improving their level of functioning but need to retain their current functional level to remain in the community. It is intended to assist individuals in acquiring, retaining, and improving the self-help, socialization, and adaptive skills necessary to reside successfully in a community setting.

AMHH is offered through your behavioral health provider.

What are AMHH Services?

The AMHH program consists of 9 services, which are very similar to what you are receiving already from your behavioral health provider.

Adult Day Services

Home and Community-Based Habilitation and Support

Respite Care

Therapy and Behavioral Support Services

Addiction Counseling

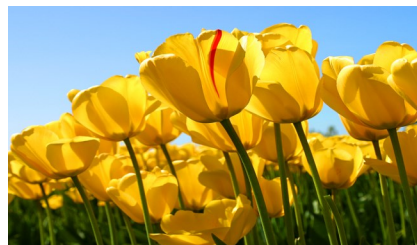
Peer Support Services

Supported Community Engagement Services

Care Coordination

Medication Training and Support

Services are chosen and delivered based on your individual needs, to help you meet your specific behavioral health and community living goals.



What Will Change if I Choose AMHH?

Very little, if anything. Most of the services you already receive will continue to be provided. Skills training, therapy, medication support, case management, and other services are available under AMHH in the same manner as other treatment options.

One of the benefits of AMHH is the availability of specialized services to help meet the habilitative goals of consumers with long-term behavioral health needs. In addition, training and support for family members, friends, and other unpaid caregivers is available through AMHH.

Who is Eligible for AMHH?

Consumers must meet the following eligibility criteria to apply for AMHH:

- Be at least 35 years of age
- Be receiving Medicaid
- Have a qualifying mental health diagnosis
- Live in a community-based setting
- Meet needs-based criteria for intensive community-based behavioral health services